

THE POST-FILLERS FACE

Women no longer want the puffed-up face that can result from using fillers.

Leah Hardy picks the best of the new firming treatments

LONDON'S smartest women have had their fill of the overfull face. With so many puffed-up celebrity faces, and the latest breast implant scare leaving people much more wary of what they put in their bodies, it's no surprise women are turning their backs on the balloon-faced look which often results from the use of excessive fillers.

But they don't want jowls and drooping eyes either. Instead, they are opting for new treatments that leave skin naturally glowing, taut, and looking elegantly grown up. The role models? Gwyneth Paltrow and Yasmin Le Bon, with their killer cheekbones rather than hamster cheeks. Even Madonna, once a pioneer of youthful plumping techniques, has emerged in recent weeks looking leaner of face – and arguably a lot better.

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Cost: From £950
Contact: 020 7486 9040

THE PAINLESS POWERHOUSE
Endymed PRO 3DEEP Skin Tightening
Brand new but approved by the picky US Food and Drug Administration, this treatment tightens skin and builds naturally volumising collagen using radiofrequency waves delivered deep into the dermis. It's particularly effective on sagging jowls and necks. It can feel hot but isn't painful, and it creates a brighter complexion with smaller pores. Results are instant but a course of up to six treatments is recommended.
Cost: £200 per session, six sessions for £800
Contact: Jill Zander Laser & Skin Rejuvenation Clinic (01372 471448, jillzander.co.uk)

THE SERIOUS SAG-BUSTER Fractora

Cosmetic surgeon Angelica Kavouni has introduced Fractora, an innovative radiofrequency treatment that can tighten skin, and restore firm, taut skin around the jawline, under eyes, on the cheeks and forehead. It also improves skin texture and clarity. The energy, delivered via tiny pins, gets right to where sagging occurs. Recovery takes around a week and two treatments may be needed.

Cost: From £950
Contact: 020 7486 9040

Contact: Neville Hair and Beauty (020 7235 3654, nevillehairandbeauty.net)

THE SKIN-CHANGING SUPERFACIAL

Debbie Thomas Advanced Skin Treatment
Skin care specialist Debbie Thomas has many years of experience with lasers. Her newest secret weapon is the Fotona Twin Light Fractional Resurfacing Laser, which can tighten sagging necks and jowls and also smooth scars and eliminate broken veins. This treatment is given in the context of a luxurious facial, so is also a treat.
Cost: From £250

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Contact: Debbie Thomas, Advanced Skin Treatments, Hari's Salon, 305 Brompton Road, SW3 (020 7581 5211)

THE FACE-TIGHTENING MAS Gankin massage

Cult brand Suqqu has just introduced the Gankin massage: for the fear lasers and high-tech is a new facial that promises sagging skin using a unique technique. It is all about the relationship between muscles and sagging skin, being that stiff facial muscles mean lymph flow becomes blocked, making the face swollen and saggy. By loosening muscles and encouraging the flow of lymph, the skin becomes

brighter, lifted and, vitally, tighter.
Cost: £40 for 30 minutes
Contact: Suqqu at Selfridges (0800 123400)

THE SOUND WAVE SKIN SAVIOUR

Cosmetic surgeon Alex Karidis, uses ultrasound to tighten skin, and encourage collagen production.

Cost: £2,500 to £5,000
Contact: Alex Karidis (020 7499 1234)

THE TRIED-AND-TESTED LIFT Thermage Thermacool CPT

Thermage radiofrequency skin tightening is a favourite of the best surgeons for tightening skin but it has always been high on theouch factor. However, Thermage Themacool PT cools the skin and has a vibrating treatment head to make it far less painful. Dr Nick Lowe was the first doctor in the UK to use Thermage, so is a very experienced operator.
Cost: From £2,000
Contact: The Cranley Clinic, 19A Cavendish Square, W1 (020 7499 3223, drnicklowe.com)

Less cheek: a more streamlined look is the latest trend. Madonna and Gwyneth Paltrow, below, are fans



WIREIMAGE AP

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